



Swedish Country Guide

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Current DFAT Travel Advice

This advice is current for Mon, 5th November 2018.

Exercise normal safety precautions in Sweden. Use common sense. Look out for suspicious behaviour. In April 2017, a vehicle attack on pedestrians in central Stockholm resulted in a number of deaths and injuries. Terrorists are likely to continue planning attacks targeting Sweden. See [Safety and security](#). Sweden's domestic terrorism-threat assessment is at level 3 of 5, indicating an elevated threat level. See [Safety and security](#).

Local authorities and tourist operators have advised of an increase in bag snatching and petty theft in hotels throughout Stockholm. Never leave your bags or electronics unattended, including in hotel restaurants. Carry your passport or a Swedish residency permit at all times, as you may be asked to prove your identity.

The above information is an edited excerpt of the Travel Advice Summary from The Department of Foreign Affairs and Trade. Travellers are encouraged to read the travel advice in full, subscribe to updates to this advice and to register their presence in Sweden at www.smarttraveller.gov.au.

Vaccinations and Health Precautions

The following information is intended as a guide only and in no way should it be used as a substitute for professional medical advice relative to a travellers individual needs and vaccination history. No guarantee is made as to its accuracy or thoroughness. For further information, please contact The Travel Doctor on 1300 658 844.

Regardless of destination, all travellers should be up-to-date with their routine "background" vaccinations, including for Tetanus and Diphtheria (with a booster within the last 10 years), Whooping Cough, Polio (with a booster in adult life), Measles, Mumps and Rubella (two combination vaccinations through life), Chicken Pox and a recent annual Influenza vaccination. Vaccination against Hepatitis B should be considered for travellers to Sweden if they are frequent travellers or intending on a long stay. Tick-borne encephalitis is present throughout many areas in Europe, predominately in forested regions. Whilst no vaccine is available in Australia, travellers visiting risk areas and planning outdoor activities during summer might consider vaccination once in Europe.

Australians in Sweden are entitled to subsidised essential medical treatment as part of the Reciprocal Health Care Agreement (RHCA) between the two countries. To take advantage of this program, travellers must present their Australian Passport and Medicare card and request to be treated under the RHCA. The RHCA does not replace the need for travel insurance. For information regarding the RHCA, please go to www.medicareaustralia.gov.au. Please consult a medical practitioner for your specific risk to preventable diseases and appropriate avoidance measures. Australians travelling to Sweden should ensure that they have adequate travel insurance to cover the length of their stay. Medications that are legal in Australia may be illegal in other countries. For further information on insurance, taking medication overseas and other issues please visit www.smarttraveller.gov.au/tips.

Swedish Representation in Australia

Embassy of Sweden, Canberra

5 Turrana Street
YARRALUMLA, ACT 2600

Tel: (02) 6270 2700
Web: www.swedenabroad.com/canberra

Consulate General of Sweden, Sydney

Suite 10C, Level 1, 287 Military Road
CREMORNE JUNCTION, NSW 2022

Tel: (02) 9909 3336
Fax: (02) 9908 3336

Sweden also maintains honorary consulates in other states, however the embassy or consulate previously outlined should first be contacted as honorary consulates offer limited services.



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Time Differences between Sweden and Australia

Sweden is Greenwich Mean Time +1 (+2 during Daylight Saving). The time zone is Central European Time (CET) or Central European Summer Time (CEST). Daylight Saving starts on the last Sunday in March and ends on the last Sunday in October.

Sweden, 12 noon, Winter (Dec) = Perth 7pm; Darwin 8.30pm; Brisbane 9pm; Adelaide 9.30pm; Melbourne, Hobart, Sydney, 10pm.
Sweden, 12 noon, Summer (Jun) = Perth 6pm; Darwin, Adelaide 7.30pm; Melbourne, Hobart, Sydney, Brisbane 8pm.

Important Contact Numbers

Country Code for Sweden: +46

City Codes (trunk prefix is 0):

Stockholm (0) 8
Gothenburg (0) 31
Malmo (0) 40

To Dial Australia Call: 0061 <City> <Number>

Australian Reverse Charges Direct:
020 799 061. Users may need to insert phone cards or coins.

Tourist Office:

Stockholm (+46 (0)8) 5082 8508
Gothenburg (+46 (0)31) 368 4200
Malmo (+46 (0)40) 34 1200

Travelex Card Services: 0200 285 690

Visa Global Assist: 020 790 939

MasterCard: 020 791 324

American Express Travellers Cheques:
0200 11 0453

Emergency Services: 112

As a matter of common practice, the emergency services will usually have English speaking staff.

Important Information to be Recorded

Travellers are encouraged to carry photocopies of all important documents separately to their originals, and to leave a set of these photocopies with someone in Australia. This includes those documents listed below.

Passports

Name: _____ Passport #: _ _ _ _ _

Travel Insurance

Name: _____ Institution: _____

Policy #: _____ Emergency #: _____

Swedish Words and Phrases

Yes	- Ja	No	- Nej
Thank you	- Tack	Please	- Snälla
Hello	- Hej	Goodbye	- Hej då
Where is..?	- Vart ligger...?	Airport	- Flygplats
Train station	- Tågstation	Bus station	- Buss station
Police Station	- Polis station	Hospital	- Sjukhus
Chemist	- Apotek	Cheers!	- Skål
Coffee	- Kaffe	Tea	- Te
Juice	- Juice	Water	- vatten
Beer	- öl	Wine	- Vin
Tourist Information	- Turist information		
Do you speak English?	- Pratar du engelska? (Polite: Ni instead of du)		
Where is the bathroom?	- Vart är toaletten? (Polite: ligger instead of är)		
Please bring the bill	- Kan vi få notan? Tack.		
Do you accept credit cards?	- Tar Ni credit kort?		
How much does this cost?	- Vad kostar den här?		

Australian Representation in Sweden

Australian Embassy, Sweden

Klarabergsviadukten 63, 8th Floor
111 64 STOCKHOLM

Tel: (+46 (0)8) 613 2900

Fax: (+46 (0)8) 613 2982

Web: www.sweden.embassy.gov.au

Alternatively, Australians may obtain assistance by contacting the 24 hour Consular Emergency Centre in Australia on (+61) 2 6261 3305.

Australians in Sweden are encouraged to register their presence and contact details with the Australian Embassy in Stockholm or online with the Department of Foreign Affairs and Trade at www.orao.dfat.gov.au.



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Duty Free Allowances

Duty Free limits when entering Sweden from a non EU state:
Alcohol: 1 L spirits (>22% alc vol) or 2 L other beverages; as well as 4 L of still wine and 16 L of beer.
Tobacco: 200 cigarettes or 50 cigars or 250 g of tobacco.
Other Goods: Up to a value of 4,300 SEK (€430) for commercial air and sea travellers, 3,000 SEK (€300) for others.

Duty Free limits when entering Australia:
Alcohol: 2.25 L.
Tobacco: 25 cigarettes plus one open packet of cigarettes.
Other Goods: Up to a value of \$900 (\$450 if under 18 years).

Further restrictions apply, travellers should familiarise themselves with these restrictions before entry. Please go to www.tullverket.se for further details on Swedish Customs and Duty Free regulations.

For further details on Australian duty free allowances and other customs restrictions please go to www.homeaffairs.gov.au.

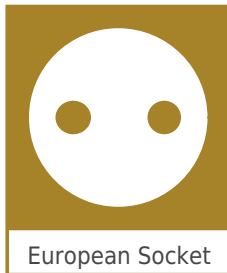
Electrical and Telephone Adaptors

Electrical Socket: European

Voltage: 220-240 volts

Modem Type: USA

Special Tip: Sweden also has its own telephone socket.

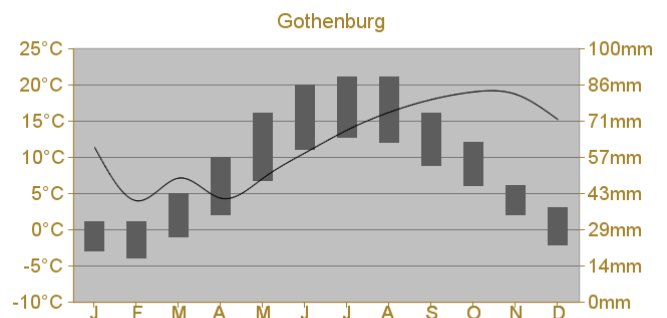


Source: Korjo Travel Products.
To purchase electrical/modem adaptors, or for further information on this matter, please view the Korjo adapter guide at www.korjo.com.au.

Swedish Public Holidays 2018

01 Jan: New Year's Day	20 May: Whit Sunday
06 Jan: Epiphany	06 Jun: National Day
30 Mar: Good Friday	22 Jun: Midsummer Eve
01 Apr: Easter Sunday	03 Nov: All Saints Day
02 Apr: Easter Monday	25 Dec: Christmas
01 May: Labor Day	26 Dec: St Stephen's Day
10 May: Ascension Day	31 Dec: New Year's Eve

Average Temperature (Bar) and Precipitation (Line) in Sweden



Source: Swedish Meteorological and Hydrological Institute (SMHI). For local forecasts please go to www.smhi.se.

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Exchange Rate

Interbank Rate

1 Australian Dollar (AUD) = 6.51 Swedish Krona
 1 Swedish Krona (SEK) = 0.154 Australian Dollars

Buy Rate (average rate when buying SEK cash in Australia)

1 Australian Dollar (AUD) will buy 6.14 Swedish Krona
 1 Swedish Krona (SEK) will cost 0.163 Australian Dollars

All rates were correct at a point in time on Monday, 05 Nov 2018. The "Interbank Rate" does not take into account any exchange fees, while the "Buy Rate" adds 6% to the exchange rate to simulate a typical margin paid when exchanging these currencies. These rates have been rounded and should not be used when calculating transactions of large value.

Purchasing Power Parity

The following is a purchasing-power comparison of the Swedish Krona and the Australian Dollar, using the Big Mac as a common good. While it does not present a faultless comparison, it is a useful indicator of the purchasing power of each currency.

Big Mac Australia: \$5.95 (AUD) = 39 Swedish Krona
 Big Mac Sweden: 49.1 (SEK) = 7.54 Australian Dollars

A Big Mac in Sweden is therefore 27% more expensive than in Australia.

This comparison is based on 2018 prices using current exchange rates. Prices may not include variations by locality or local taxes.

Currency Cheat Sheet

This cheat sheet uses the "Buy Rate" of exchange listed above.

1 kr = \$0.16 AUD	10 kr = \$1.63 AUD	100 kr = \$16.27 AUD	1,000 kr = \$162.74 AUD
2 kr = \$0.33 AUD	20 kr = \$3.25 AUD	200 kr = \$32.55 AUD	2,000 kr = \$325.49 AUD
3 kr = \$0.49 AUD	30 kr = \$4.88 AUD	300 kr = \$48.82 AUD	3,000 kr = \$488.23 AUD
4 kr = \$0.65 AUD	40 kr = \$6.51 AUD	400 kr = \$65.10 AUD	4,000 kr = \$650.98 AUD
5 kr = \$0.81 AUD	50 kr = \$8.14 AUD	500 kr = \$81.37 AUD	5,000 kr = \$813.72 AUD
6 kr = \$0.98 AUD	60 kr = \$9.76 AUD	600 kr = \$97.65 AUD	6,000 kr = \$976.47 AUD
7 kr = \$1.14 AUD	70 kr = \$11.39 AUD	700 kr = \$113.92 AUD	7,000 kr = \$1,139.21 AUD
8 kr = \$1.30 AUD	80 kr = \$13.02 AUD	800 kr = \$130.20 AUD	8,000 kr = \$1,301.96 AUD
9 kr = \$1.46 AUD	90 kr = \$14.65 AUD	900 kr = \$146.47 AUD	9,000 kr = \$1,464.70 AUD
			10,000 kr = \$1,627.45 AUD

Notes and Coins

The legal currency of Sweden is the krona (plural kronor), which is abbreviated using the symbol kr (for example 100kr). The subunit of the krona is the öre, of which there are 100 in every krona. The following units of currency are the most common however other units are also in circulation. Pictures are not to scale. As it is illegal in many countries to print copies of bank notes, travellers are advised not to take the below images with them when travelling.





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About Sweden

Full Name: Konungariket Sverige (Kingdom of Sweden).

Independence: 1523 (from Kalmar Union with Denmark and Norway).

Size: 450,295km² (1/2 the size of NSW).

Population: 9 million (40% the size of Australia).

Language: Swedish is the official language, but most Swedes also speak some English.

Religion: Lutheran Church of Sweden 87%.

GDP Per Capita (PPP): US\$40,900 (Australia US\$41,000)

Government Type: Constitutional Monarchy

Significant Dates:

- 700-1000 AD - Age of the Vikings
- 829-1000 AD - Christianisation of Sweden.
- 1388 AD - Kalmar Union unites Sweden Denmark and Norway.
- 1523 - Gustav Vasa becomes King ending the Kalmar Union.
- 1571 - Lutheran Reformation.
- 1611-1721 - Swedish Empire controls most of the Baltic region.
- 1814-1905 - Union of Sweden & Norway
- 1914-45 - Sweden remains neutral during both world wars.
- 1975 - Reforms remove all powers from the monarch.
- 2000 - Bridge & Tunnel from Malmö links Sweden & Denmark

Largest Cities:

- Stockholm pop - 1.4 million
- Göteborg pop - 550,000
- Malmö pop - 280,000
- Uppsala pop - 140,000
- Västerås pop - 110,000
- Örebro pop - 107,000